

THE APA TIMES



Allison York & Trevor Boyd

For the month of August Allison was selected as our employee of the month. Allison has gone above and beyond by picking up shifts that needed to be filled, and doing a lot of work behind the scenes. If you happen to see Allison around congratulate her!

Thank you Allison for all you do!

HOMECOMING

For the week of homecoming our campus took pride in participating the MVP dress up week and parade. Kicking off Monday was pajama day! Tuesday was sports day, Wednesday was wacky Wednesday, Thursday was color day, and Friday was SPIRIT DAY! On Friday after lunch our residents got the privilege to go downtown and watch the homecoming parade, where APA was represented!! APA rode in style in two different Ford Mustangs! Our residents got to enjoy some nice weather and some sweet treats to end the week!





John's Corner



As some of you may have heard we are looking to add some furry friends to our campus. For this month's newsletter I wanted to share an article on the therapeutic benefits of goats. I know I am excited for all the potential benefits of having goats on campus for our residents to enjoy. I hope you are too!



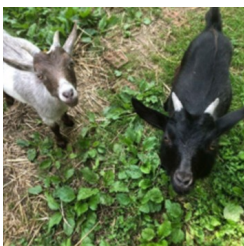
Johnathan Trunkey
Executive Director

Goat therapy is using goats to provide us with comfort and support so that we can distress and be happy and healthy. Goats can be used therapeutically to aid a variety of mental, emotional, and behavioral issues as well as to provide a general sense of well-being for anybody. Therapy goats can be used in a few ways. Goat yoga is probably what most people think about, and goat therapy is quickly on the rise as more and more people are coming to see the emotional and mental benefits of owning or hanging out with goats.

Goats can be used in children's hospitals, with recovering addicts or rehabilitating prisoners, in assisted living communities, and they can be used as alternative therapy to professional counseling and as addendum to such services. Goats help promote prosocial behaviors and empathy. They can be used to help individuals and children along the autism spectrum, and goats can also be used to help children learn to read. Goats also help deepen and strengthen our mindfulness or meditation practices.



Goats are a delight to be around, and their very presence is healing. Goats are one of the oldest domesticated species dating back 30,000 years and first utilized in the Middle East. No doubt, they were domesticated for their delicious dairy, and I would surmise they were also domesticated for their vibrant, charming mischievous personalities. Goats seem to have a sixth sense for attuning to us humans. Furthermore, goats are one of the few mammals that understand human language. They can understand tonal differences, accents, and are trilingual. They no doubt have a level of understanding we humans do not yet comprehend.



Their therapeutic value is great and their ability to provide us with love, happiness, and a better sense of well-being is endless. When we work with goats, we can learn to play with life's energies so that we can focus on the present moment, face ourselves deep down in our unconscious mind, and learn to play with life's energies so that we can focus on the present moment, face ourselves deep down in our unconscious mind, and learn to manifest the world in which we want to live: A world full of compassion, respect, understanding, and, of course, goat – lots and lots of goats!



by Cora Moore Bruffy, CEO and Founder of [Faeryland's Farm](#)

Sioux Falls Air Show

Rushmore took a trip to the Sioux Falls air show over a weekend in August! The residents got to enjoy some ice cream, watch planes and jets do cool tricks in the sky, bounce on the inflatables, and look at cool army vehicles. After a long hot day in the sun they were ready for bed!



EMPLOYEE SPOTLIGHT

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David Willrodt

Hometown: Chamberlain, SD

I am currently engaged to my fiancé Sara and we are getting married this February in Cancun, Mexico. I come from a big family of 8, and I have an identical twin brother, named Chris. I have three cats, all girls, Reese, Remi, & Ruthie. Hobbies I to liked golf, weight lift, and play video games. I went to the University of South Dakota for my bachelor's in psychology and then Walden University for School Counseling. Favorite movies are anything Star Wars. My favorite foods are Chinese, Hawaiian, and Thai food (anything with rice!!). My family well known for owning and managing the car dealerships formally Willrodt Motor Company, but now only Willrodt Ford. My previous job before APA I was a Family Service Counselor at St. Joseph's Indian School in Chamberlain.

DOG DAYS



Feat: Rachel & Miss. Stella taking a break in the sun!

Dog days on campus are the best days. When our companion dogs come to campus the residents light up. Our residents utilize the companion dogs in times of sadness, distress, and a way to help cope with their anxiety and anger. Just spending 5 minutes with one of the furry friends on campus is enough to turn anyone's day around!



John & Miss. Kona practicing their headshot poses!





Daniel Buchmann
Byron Langland
Emily Wiekamp
Todd Karst
Briana Jacobs
Scott Charboneau
Josh Wieger
Morgan Barden



Julie Eilert– 16 Years



Angelica Medina– PT YDS

ALL-STAFF

OCT 17TH @ NOON

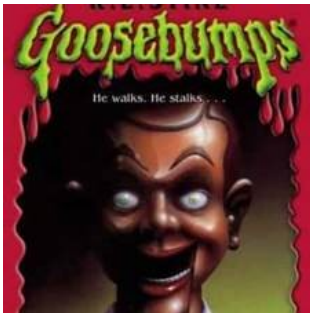
Oktoberfest Lunch and Festivities



BACK TO SCHOOL: The Best Items You Could Buy At The Scholastic Book Fair



1. Rainbow Pens



2. The Goosebumps' Series



3. Scary Stories To Tell In The Dark



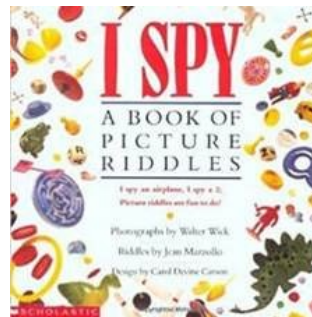
4. Bookmarks



5. Guinness World Records' Books



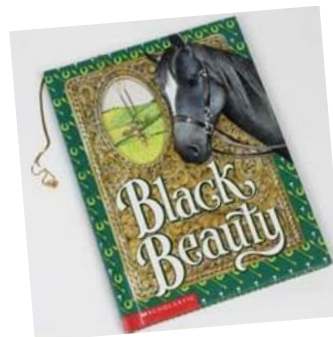
6. Ripley's Believe It Or Not



7. I Spy' Books



8. Novelty Erasers



9. Books With Attached Toys or Jewelry



10. Flexible Pencils

